



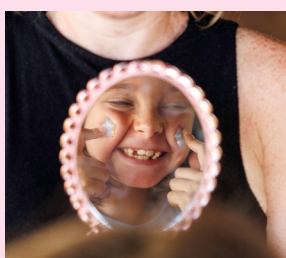
# OHANA *Girls*

Giving girls the tools to  
know, nurture + share  
the light within.

SEPTEMBER 20TH, 2-5PM | \$125

CASA PACIFICO, NOSARA

## *sisterhood +* SACRED SPACES



WE'LL WEAVE  
*together*



### CRYSTAL GRIDS & INTENTION RITUAL

A continuation of the OHANA Girls Radiance Ritual, this workshop invites girls to discover the beauty of creating simple daily rituals rooted in intention, gratitude and inner connection. Through crystals, chakras, crystal grids, flowers, movement, journaling and sisterhood, girls will learn to create their own sacred intention space—a place to pause, listen within, set a daily intention, offer a prayer or gratitude, and remember the radiance that is always within them.

*crystals* & handmade crystal grids

chakras & inner *radiance*

daily intentions & prayers

*flowers* & nature offerings

movement & breath  
journaling & reflection  
meditation & foot rubs

sisterhood & connection & *fun*

REGISTER VIA WHATSAPP: +1 (859) 912-2004